

Gentle Giant Classic 2025**RESULTS**

No.	Name		Province / District	Place
	<u>SESSION 1</u>			
	<u>Men's Classic Physique</u>			
69	James	Daniel	Gauteng	1
70	Vikki	Brynard	Gauteng	2
71	Zander	Botes	Gauteng	3
	<u>Men's Physique</u>			
78	Nelson	Ngozo	Free State	1
77	Ismail	Moolla	Gauteng	2
76	Deon	Jacobs	North West	3
74	Amu	Mabena	Gauteng	4
75	Aidan	Jones	Gauteng	5
73	Seth	Petersen	Gauteng	6
	<u>Mens Muscular Physique</u>			
70	Vikki Brynard	Brynard	Gauteng	1
	<u>Ladies Beach Bikini</u>			
80	Demica	Chowles	Gauteng	1
82	Chantelle	Featherstone	Gauteng	2
81	Ashleigh	Hawley	Gauteng	3
	<u>SESSION 2</u>			
	<u>Men's Fit Model</u>			
75	Aidan	Jones	Gauteng	1
	<u>Ladies Fit Model</u>			
84	Larney	Palmer	Gauteng	1
80	Demica	Chowles	Gauteng	2
83	Odette	du Toit	Gauteng	3

	<u>Ladies Body Fitness</u>			
85	Larissa	Pretorius	Gauteng	1
	<u>Men's Bodybuilding</u>			
	<u>under 85kg</u>			
89	Sibonelo	Khomo	Kwazulu-Natal	1
90	Lalo	Mnisi	Gauteng	2
87	Jacob	Seate	Gauteng	3
72	Nwabisile	Jezile	Eastern Cape	4
93	Richard	Lummis	North West	5
92	Tomas	Dlamini	Swaziland	6
86	Malebo	Rooi	Gauteng	7
88	Kevin	Grobler	Gauteng	8
	<u>over 85kg</u>			
99	Themba	Mkhubo	Gauteng	1
96	Andre	Emmanuel	Gauteng	2
100	Walter	Mukavare	Gauteng	3
97	Sibusiso	Mazibuko	Mpumalanga	4
94	Uli	Wiese	Gauteng	5
98	Anton	De klerk	Gauteng	6
95	Gareth	Menton	Gauteng	7
	<u>Ladies Wellness</u>			
106	Belinda	Nel	Mpumalanga	1
102	Tayla	Lucas	North West	2
104	Elizabeth	Dumagude	Gauteng	3
101	Bianca	Vermaak	Gauteng	4
103	Thuli	Kumalo	Mpumalanga	5
105	Helloise António	Xavier	Mozambique	6

	<u>Ladies Bikini</u>			
108	Kristen	van der Lingen	Gauteng	1
84	Larney	Palmer	Gauteng	2
110	Shanalee	Woest	Gauteng	3
109	Bianca	Brits	Gauteng	4
112	Maritza	Maritz	Gauteng	5
111	Christine	van Wyk	Gauteng	6
83	Odette	du Toit	Gauteng	7
107	Lizelle	Swanepoel	Gauteng	8

OVERALLS

Bodybuilding

89	Sibonelo	Khomo	Kwazulu-Natal
99	Themba	Mkhubo	Gauteng

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