

NORTHERN CAPE CLASSIC

30 MARCH 2024

KATHUA

Weight in and Registration:

Morning of the show

08H00 - 10H00

Main Show: 11h00

Tickets

Adults : R100 pp

Children U13yrs : R50 pp

Backstage Pass : R300 pp

Athlete Fees:

Affiliation : R300

Registration : R300 per Division

Registration on the day: R600 per Division

Ladies:

Beach Bikini U1.63cm

Beach Bikini O1.63cm

[Overall Beach Bikini](#)

Bikini U1.66cm

Bikini O1.66cm

Masters over 35yrs

[Overall Bikini](#)

Fitmodel : One Line - up

Body Fitness : One Line - up

Wellness : One line- up

Mixed Pairs

Men:

Men's Physique U1.78cm

Men's Physique O1.78cm

Men's Physique Masters over 40yrs

[Overall Physique](#)

Muscular Physique : One Line- up

Classic Physique : One Line - up

Bodybuilding

Juniors under 23 yrs

Up to 70kg

Up to 80kg

Up to 90kg

Over 100kg

Masters over 40yrs